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|--------------------------|-------------------------------|---------------|-------------|---------------|-----------------------------|--------------|------------|--|--|--|
| Senior G Shot Put | Kelsey Carrothers | REY | 1 | | 9.79 | 1 | 10 | | | |
| Senior G Shot Put | Sophie de Goede | OB | 2 | | 9.76 | 2 | 8 | | | |
| Senior G Shot Put | Lindsey Frederiksen | MD | 4 | | 8.59 | 3 | 6 | | | |
| Senior G Shot Put | Imogen White | OB | 3 | | 8.13 | 4 | 4 | | | |
| Senior G Shot Put | Makayla Hodge | CMONT | 6 | | 7.55 | 5 | 4 | | | |
| Senior G Shot Put | Olivia Trotter | REY | 5 | | 7.39 | 6 | 3 | | | |
| Senior G Shot Put | Rae-Lynn Parkins | OB | 7 | | 7.15 | 7 | 2 | | | |
| Senior G Shot Put | Marran Dodds | LP | alt 1 | | 6.44 | 8 | 1 | | | |
| 9.00am | | | | | | | | | | |
| EVENT NAME | STUDENT NAME | SCHOOL | seed | Record | result 5/11/2016 | PLACE | pts | | | |
| Gr 9 G Pole Vault | record: Hayley Falkins | OB | 2005 | 2.8 m | | | | | | |
| Gr 9 G Pole Vault | Kiara Jankowski | Oak Bay | | | 2.20 | 1 | 10 | | | |
| Gr 9 G Pole Vault | Felicia Ord | Oak Bay | | | 2.05 | 2 | 8 | | | |
| Gr 9 G Pole Vault | Annika Weir | Oak Bay | | | 2.05 | 3 | 5.5 | | | |
| Gr 9 G Pole Vault | Janet Dawson | MD | | | 2.05 | 3 | 5.5 | | | |

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| EVENT NAME | STUDENT NAME | SCHOOL | seed | record | result 5/11/2016 | PLACE | pts | | | |
| Junior G Pole Vault | record: Jessica Moreland | LP | 2000 | 3.25m | | | | | | |
| Junior G Pole Vault | Rachel Grohovac | Oak Bay | | | 2.50 | 1 | 10 | | | |
| | | | | | | | | | | |
| EVENT NAME | STUDENT NAME | SCHOOL | seed | record | result 5/11/2016 | PLACE | | | | |
| Senior G Pole Vault | record: Hannah Swift | Mt Doug | 2010 | 3.20m | | | | | | |
| | | | | | | | | | | |
| Senior G Pole Vault | Amanda Glegg | Esq | | | 2.20 | 1 | 10 | | | |
| Senior G Pole Vault | Lara Irwin | Rey | | | 2.20 | 2 | 8 | | | |
| Senior G Pole Vault | Anika Way | Rey | | | 2.05 | 3 | 6 | | | |
| Senior G Pole Vault | Silvia Alba | MD | | | 1.75 | 4 | 5 | | | |
| | | | | | | | | | | |
| 9.30am | | | | | | | | | | |
| EVENT NAME | STUDENT NAME | SCHOOL | seed | Record | result 5/11/2016 | PLACE | pts | | | |
| Senior G Long Jump | record: Lindsay Jack | Mt.Doug | 1975 | 5.64m | | | | | | |

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|----------------------------|--|----------------|-------------|---------------|-----------------------------|--------------|------------|--|--|--|
| | | | | | | | | | | |
| Senior G Long Jump | Amanda Glegg | ESQ | 2 | | 4.77 | 1 | 10 | | | |
| Senior G Long Jump | Ally Ames | OB | 4 | | 4.74 | 2 | 8 | | | |
| Senior G Long Jump | Emily Saville | SARHS | 1 | | 4.68 | 3 | 6 | | | |
| Senior G Long Jump | Julia Falzon | SARHS | 6 | | 4.48 | 4 | 5 | | | |
| Senior G Long Jump | Victoria Palahicky | SARHS | 5 | | 4.4 | 5 | 4 | | | |
| Senior G Long Jump | Tendai Dodo | OB | 8 | | 4.33 | 6 | 3 | | | |
| Senior G Long Jump | Megan Wilson | REY | 7 | | 4.22 | 7 | 2 | | | |
| Senior G Long Jump | Lucy Zeng | SMU | 3 | | 3.87 | 8 | 1 | | | |
| | | | | | | | | | | |
| EVENT NAME | STUDENT NAME | SCHOOL | seed | Record | result 5/11/2016 | PLACE | pts | | | |
| Gr 9 G Shot Put 3kg | record: Gwyneth Frederiksen | Mt Doug | 2016 | 11.62 | | | | | | |
| | | | | | | | | | | |
| Gr 9 G Shot Put | Gwyneth Frederiksen | MD | 1 | record | 11.62 | 1 | 10 | | | |
| Gr 9 G Shot Put | Grace Denham | OB | 2 | | 8.41 | 2 | 8 | | | |
| Gr 9 G Shot Put | Taylor Chennard | LP | 3 | | 8.15 | 3 | 6 | | | |

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|------------------------------|----------------------------------|---------------|-------------|---------------|---------------|--------------|------------|--|--|--|
| Gr 9 G Shot Put | Maggie Gramlich | SARHS | 8 | | 7.45 | 4 | 5 | | | |
| Gr 9 G Shot Put | Simone Caruso | SARHS | 7 | | 7.33 | 5 | 4 | | | |
| Gr 9 G Shot Put | Emily Payne | SARHS | 4 | | 7.30 | 6 | 3 | | | |
| Gr 9 G Shot Put | Emma Lekteman | PCS | 6 | | 7.13 | 7 | 2 | | | |
| Gr 9 G Shot Put | Katie Elsner | OB | alt | | 6.82 | 8 | 1 | | | |
| | | | | | | | | | | |
| EVENT NAME | STUDENT NAME | SCHOOL | | Record | result | PLACE | pts | | | |
| Junior G Javelin 500g | record: Kelsey Carrothers | Rey | 2014 | 33.07 | | | | | | |
| | | | | | | | | | | |
| Junior G Javelin | Judy Cristante | OB | 1 | | 27.33 | 1 | 10 | | | |
| Junior G Javelin | Paulina Pastor | PARK | 3 | | 26.04 | 2 | 8 | | | |
| Junior G Javelin | Evelyn Jordan | OB | 5 | | 25.47 | 3 | 6 | | | |
| Junior G Javelin | Sophie Weil | PARK | 2 | | 23.1 | 4 | 5 | | | |
| Junior G Javelin | Jessica Nguyen | SARHS | 4 | | 22.94 | 5 | 4 | | | |
| Junior G Javelin | Zoe Kinakin | LP | 6 | | 18.08 | 6 | 3 | | | |
| Junior G Javelin | Sydney Sheffer | OB | 8 | | 17.5 | 7 | 2 | | | |

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|-----------------------------|------------------------------|-----------------|-------------|---------------|-----------------------------|--------------|------------|--|--|--|
| Junior G Javelin | Charlotte Zimmerman | PARK | 7 | | 14.58 | 8 | 1 | | | |
| | | | | | | | | | | |
| EVENT NAME | STUDENT NAME | SCHOOL | seed | record | result 5/11/2016 | PLACE | pts | | | |
| Gr 9 G High Jump | record Nikki Jackson | CLAR | 2006 | 1.63 | | | | | | |
| | | | | | | | | | | |
| Gr 9 G High Jump | Ella Mickelberry | OB | 1 | | 1.40 | 1 | 10 | | | |
| Gr 9 G High Jump | Nina Kovacik | EMCS | 2 | | 1.30 | 2 | 8 | | | |
| Gr 9 G High Jump | Genie Burke | SARHS | 4 | | 1.25 | 3 | 6 | | | |
| Gr 9 G High Jump | Laura Rincon | SARHS | 3 | | 1.25 | 4 | 5 | | | |
| 10.30am | | | | | | | | | | |
| EVENT NAME | STUDENT NAME | SCHOOL | seed | record | result 5/11/2016 | PLACE | pts | | | |
| Junior G Triple Jump | record: Nikki Jackson | Claremor | 2007 | 10.88m | | | | | | |
| | | | | | | | | | | |
| Junior G Triple Jump | Lexi Peden | OB | 1 | | 10.47 | 1 | 10 | | | |
| Junior G Triple Jump | Evelyn Jordan | OB | alt ob | | 9.56 | 2 | 8 | | | |
| Junior G Triple Jump | Dilshana Niswar | SARHS | 4 | | 8.43 | 3 | 6 | | | |

| EVENT NAME | STUDENT NAME | SCHOOL | seed | RESUL T | result 5/11/2016 | PLACE | pts | | | |
|-----------------------|---------------------------|--------|------|------------|---------------------|-------|-----|--|--|--|
| Senior G Javelin 600g | record: Rosyln Lundeen | Clar | 2001 | 46.14m | | | | | | |
| Senior G Javelin | Kelsey Carrothers | REY | 1 | | 32.04 | 1 | 10 | | | |
| Senior G Javelin | Mikayla Martens | SPEC | 5 | | 26.88 | 2 | 8 | | | |
| Senior G Javelin | Michaela Pennell | PARK | 3 | | 26.54 | 3 | 6 | | | |
| Senior G Javelin | Olivia Trotter | REY | 7 | | 17.43 | 4 | 5 | | | |
| | | | | | | | | | | |
| 11.30am | | | | | | | | | | |
| EVENT NAME | STUDENT NAME | SCHOOL | seed | Record | result 5/11/2016 | PLACE | pts | | | |
| Senior G Triple Jump | record: Nikki Jackson | CLAR | 2009 | 11.22 | | | | | | |
| Senior G Triple Jump | Amanda Glegg | ESQ | 1 | | 10.09 | 1 | 10 | | | |
| Senior G Triple Jump | Lara Irwin | REY | 2 | | 9.94 | 2 | 8 | | | |
| Senior G Triple Jump | Emma Rees | SARHS | 3 | | 9.46 | 3 | 6 | | | |
| Senior G Triple Jump | Alyson Gill | RB | 5 | | 8.99 | 4 | 5 | | | |

| EVENT NAME | STUDENT NAME | SCHOOL | seed | record | result 5/11/2016 | PLACE | pts | | | |
|----------------------------|------------------------------------|-------------------|-------------|-----------------|---------------------|----------|-----------|--|--|--|
| Gr 9 G Javelin 500g | record: Gwyneth Fredricksen | MD | 2016 | 32.98 | | | | | | |
| | | | | | | | | | | |
| Gr 9 G Javelin | Gwyneth Frederiksen | MD | 1 | ew recor | 32.98 | 1 | 10 | | | |
| Gr 9 G Javelin | Ella Chin | SMU | 3 | | 31.41 | 2 | 8 | | | |
| Gr 9 G Javelin | Abby Willet | REY | 2 | | 29.63 | 3 | 6 | | | |
| Gr 9 G Javelin | Felicia Ord | OB | 7 | | 18.98 | 4 | 5 | | | |
| Gr 9 G Javelin | Ariel Schellenberger | OB | 4 | | 18.69 | 5 | 4 | | | |
| Gr 9 G Javelin | Destiny Hansen | SPEC | 6 | | 18.08 | 6 | 3 | | | |
| Gr 9 G Javelin | Samantha Bucking | OB | 8 | | 16.54 | 7 | 2 | | | |
| | | | | | | | | | | |
| EVENT NAME | STUDENT NAME | SCHOOL | seed | record | result 5/11/2016 | PLACE | pts | | | |
| Junior G High Jump | record: Pat Wellman | Cedar Hill | 1980 | 1.72m | | | | | | |
| | | | | | | | | | | |
| Junior G High Jump | Emily Blair | SARHS | 1 | | 1.50 | 1 | 10 | | | |
| Junior G High Jump | Quinn Matthews | CMONT | 2 | | 1.30 | 2 | 8 | | | |

| EVENT NAME | STUDENT NAME | SCHOOL | seed | Record | result 5/11/2016 | PLACE | pts | | | |
|----------------------------|-----------------------------------|---------------|-------------|---------------|-----------------------------|--------------|------------|--|--|--|
| Gr 9 G Discus 1 kg | record:Georgina Newell | OB | 1988 | 35.67m | | | | | | |
| | | | | | | | | | | |
| Gr 9 G Discus | Alyssa Blair | SARHS | 1 | | 24.21 | 1 | 10 | | | |
| Gr 9 G Discus | Emily Payne | SARHS | 2 | | 20.21 | 2 | 8 | | | |
| Gr 9 G Discus | Lara Hollingsworth | OB | 6 | | 19.53 | 3 | 6 | | | |
| Gr 9 G Discus | Preet Dhillon | SMU | alt | | 18.07 | 4 | 5 | | | |
| Gr 9 G Discus | Maggie Gramlich | SARHS | 7 | | 17.19 | 5 | 4 | | | |
| Gr 9 G Discus | Thea Wittereen | OB | 8 | | 15.8 | 6 | 3 | | | |
| Gr 9 G Discus | Emma Lektemen | PCS | 5 | | 15.34 | 7 | 2 | | | |
| Gr 9 G Discus | Evie Arber | OB | 4 | | 15.18 | 8 | 1 | | | |
| 1.30pm | | | | | | | | | | |
| EVENT NAME | STUDENT NAME | SCHOOL | seed | Record | result 5/11/2016 | PLACE | | | | |
| Senior G Discus 1kg | record: Rosyln Lundeen | Clar | 2001 | 38.62 | | | | | | |
| | | | | | | | | | | |
| Senior G Discus | Kelsey Carrothers | REY | 1 | | 32.44 | 1 | 10 | | | |

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|---------------------------|----------------------------|---------------|-------------|---------------|-----------------------------------|--------------|------------|--|--|--|
| Senior G Discus | Lindsey Frederiksen | MD | 4 | | 26.87 | 2 | 8 | | | |
| Senior G Discus | Sophie de Goede | OB | 2 | | 26.58 | 3 | 6 | | | |
| Senior G Discus | Savonah Macleod | RB | 3 | | 23.41 | 4 | 5 | | | |
| Senior G Discus | Mikaela smyth | CMONT | 5 | | 20.16 | 5 | 4 | | | |
| Senior G Discus | Olivia Trotter | REY | 7 | | 19.94 | 6 | 3 | | | |
| Senior G Discus | Michaela Pennell | PARK | 6 | | 16.87 | 7 | 2 | | | |
| | | | | | | | | | | |
| EVENT NAME | STUDENT NAME | SCHOOL | seed | record | result 5/11/2016 | PLACE | pts | | | |
| Gr 9 G Triple Jump | record: Debby Reedy | LP | 1986 | 10.53m | | | | | | |
| | | | | | | | | | | |
| Gr 9 G Triple Jump | Rebecca Dutchak | CMONT | 1 | | 9.58 | 1 | 10 | | | |
| Gr 9 G Triple Jump | Kiara Jankowski | OB | 4 | | 9.43 | 2 | 8 | | | |
| Gr 9 G Triple Jump | Alisa Lyesina | OB | 2 | | 9.32 | 3 | 6 | | | |
| Gr 9 G Triple Jump | Lara Hollingsworth | OB | 3 | | 8.68 | 4 | 5 | | | |
| Gr 9 G Triple Jump | Mina Guan | LP | 5 | | 8.25 | 5 | 4 | | | |
| Gr 9 G Triple Jump | Sarah Pike | LP | 6 | | 7.86 | 6 | 3 | | | |

| EVENT NAME | STUDENT NAME | SCHOOL | seed | Record | result 5/11/2016 | PLACE | pts | | | |
|------------------------------|----------------------------------|-----------------|-------------|---------------|-----------------------------|--------------|------------|--|--|--|
| Junior G Shot Put 3 k | record: Kelsey Carruthers | Rey | 2014 | 10.88 | | | | | | |
| | | | | | | | | | | |
| Junior G Shot Put | Ali Gallant | OB | 4 | | 10.31 | 1 | 10 | | | |
| Junior G Shot Put | Aya Endrigo | MD | 1 | | 10.13 | 2 | 8 | | | |
| Junior G Shot Put | Paulina Pastor | PARK | 2 | | 9.71 | 3 | 6 | | | |
| Junior G Shot Put | Camille Vine | SARHS | 3 | | 9.30 | 4 | 5 | | | |
| Junior G Shot Put | Jessica Nguyen | SARHS | 6 | | 8.25 | 5 | 4 | | | |
| Junior G Shot Put | Charlotte Zimmerman | PARK | 7 | | 7.29 | 6 | 3 | | | |
| Junior G Shot Put | Hewott Tedla | SARHS | 8 | | 7.23 | 7 | 2 | | | |
| | | | | | | | | | | |
| EVENT NAME | STUDENT NAME | SCHOOL | seed | Record | result 5/11/2016 | PLACE | pts | | | |
| Senior G High Jump | record: Holly Parent | Reynolds | 2008 | 1.75m | | | | | | |
| | | | | | | | | | | |
| Senior G High Jump | Emily Saville | SARHS | 1 | | 1.50 | 1 | 10 | | | |

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|----------------------|-----------------------------------|-----------------|-------------|---------------|---------------|--------------|------------|--|--|--|
| Senior G High Jump | Lara Irwin | REY | 3 | | 1.40 | 2 | 8 | | | |
| Senior G High Jump | Jayne Leggatt | SMU | 5 | | 1.35 | 3 | 6 | | | |
| Senior G High Jump | Makayla Hodge | CMONT | 4 | | 1.35 | 4 | 5 | | | |
| Senior G High Jump | Janessa Cane | OB | 6 | | 1.30 | 5 | 4 | | | |
| | | | | | | | | | | |
| EVENT NAME | STUDENT NAME | SCHOOL | seed | RESULT | result | PLACE | pts | | | |
| Senior G Hammer 4 kg | record:Lindsey Frederiksen | MD | 2016 | 47.34 | | | | | | |
| | Lindsey Frederiksen | Mt. Doug | *new record | | 47.34 | 1 | 10 | | | |
| | Lyida Biegun | Lambrick | | | 24.77 | 2 | 8 | | | |
| | Michaela Rennell | Parkland | | | 22 | 3 | 6 | | | |
| | Catt Roberts | Lambrick | | | 13.42 | 4 | 5 | | | |
| | | | | | | | | | | |
| EVENT NAME | STUDENT NAME | SCHOOL | seed | RESULT | result | PLACE | pts | | | |
| Junior G Hammer 3 kg | record:Lindsey Frederiksen | Mt. Doug | 2015 | 58.66 | | | | | | |
| | Albany Gallant | Oak Bay | | | 37.36 | 1 | 10 | | | |
| | Camille Vine | SARHS | | | 30.89 | 2 | 8 | | | |

























































































































