

2016 GIRLS T & F LEAGUE FIELD RESULTS

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Gr.9 GIRLS DISCUS

RECORD: Gwyneth Frederiksen	MD	2016	30.94			
NAME (FIRST, LAST)	SCHOOL	RANK	BEST	RESULT 1	RESULT 2	RESULT 3
Gwyneth Fredriksen	MD	1	30.94	29.65	30.94	
Alyssa Blair	SARHS	2	21.85	16.92	21.85	
Emily Payne	SARHS	3	20.90	20.90	19.80	
Marika Shafonsky	SMU	4	19.84	19.84	19.31	
Evie Arber	?	5	18.06	18.06		
Lara Hollingsworth	OB	6	17.96	16.38	17.96	
Maggie Gramlich	SARHS	7	17.83	17.44	17.83	
Thea Wittereen	OB	8	17.50	14.55	17.50	
Grace Denham	OB	9	16.64	16.64		
Emma Lektemen	PCS	10	16.60	16.57	16.60	
Felicia Ord	OB	11	16.28	16.28		
Olivia Fenton	OB	12	15.21	15.21		
Alia Emtage	OB	13	14.09	14.09		
Chloe Morris	OB	14	13.79	13.79	13.67	
Samantha	OB	15	12.63	12.63	12.15	
Ella Calder	OB	16	11.63	10.93	11.63	
Preet Dhillon	SMU	17	11.57	9.78	11.57	

Gr.9 GIRLS SHOT PUT

RECORD: Laura Curry	LP	2004	11.20			
NAME (FIRST, LAST)	SCHOOL	RANK	BEST	RESULT 1	RESULT 2	RESULT 3
Gwyneth Frederiksen	MD	1	10.87	10.87	10.39	9.70
Taylor Chennard	LP	2	8.70	8.18	8.70	7.58
Alyssa Blair	SARHS	3	8.58	8.38	8.58	8.43
Marika Shafonsky	SMU	4	7.75	6.65	7.75	7.33
Emma Lekteman	PCS	5	7.49	6.31	6.43	7.49
Maggie Gramlich	SARHS	6	6.85	5.59	6.85	6.61
Emily Payne	SARHS	7	6.83	6.83	6.22	6.82
Simone Caruso	SARHS	8	6.83	6.35	6.83	6.44
Katie Elsner	OB	9	6.43	6.21	6.43	
Preet Dhillon	SMU	10	5.74	5.74	4.84	4.36
Chloe Morris	OB	11	5.52	5.49	5.52	4.40
Samantha B	OB	12	4.57	4.57	4.57	

Gr.9 GIRLS JAVELIN

RECORD: Gwyneth Frederiksen	MD	2016	31.86			
NAME (FIRST, LAST)	SCHOOL	RANK	BEST	RESULT 1	RESULT 2	RESULT 3
Gwyneth Frederiksen	MD	1	31.86	29.96	31.86	30.21
Ella Chin	SMU	2	24.02	24.02		
Marika Shafonsky	SMU	3	18.34	18.34		
Emily Payne	SARHS	4	16.44	15.83	16.44	
Felicia Ord	OB	5	15.94	15.94		
Casey Tadla	OB	6	13.90	13.90		
Samantha Bucking	OB	7	13.73	13.73		
Katie Elsner	OB	8	13.73	13.73		
Ella Calder	OB	9	13.60	13.51	13.60	
Destiny Hansen	SPEC	10	13.12	13.12		
Thea Wittereen	OB	11	13.05	13.05	12.22	
Maggie Gramlich	SARHS	12	12.28	12.28		

Lara Hollingsworth	OB	13	11.82	11.82		
Chloe Morris	OB	14	10.29	9.97	10.29	
			0.00			

Gr.9 GIRLS HIGH JUMP

RECORD: Sam Buchanan	OB	2004	1.50			
NAME (FIRST, LAST)	SCHOOL	RANK	BEST	RESULT 1	RESULT 2	RESULT 3
Nina Kovacic	RB	1	1.30	1.30		
Jane Illman	OB	2	1.25	1.25		
Gwyneth Frederiksen	MD	3	1.20	1.20		
Laura Rincon	SARHS	4	1.15	1.15		
Emily Payne	SARHS	5	1.10	1.10		
Genie Burke	SARHS		0.00	NH		
Aila Emtage	OB		0.00	NH		
			0.00			
			0.00			
			0.00			
			0.00			

Gr.9 GIRLS LONG JUMP

RECORD: Natasha Salo	OB	2003	4.70			
NAME (FIRST, LAST)	SCHOOL	RANK	BEST	RESULT 1	RESULT 2	RESULT 3
Rebecca Dutchak	CMONT	1	4.47	4.43	4.47	
Kirsten Suesser	SARHS	2	3.86	3.86	3.72	3.43
Nifha Niswar	SARHS	3	3.77	3.77		
Ella Mickelberry	OB	4	3.60	3.60	3.25	3.58
Maelle Reed	ST.M	5	3.52	3.52	3.25	3.30
Erica D	LP	6	3.46	3.46	3.32	3.05
Mina Guan	LP	7	3.43	3.43	3.37	3.37
Nina Kovacic	RB	8	3.41	3.41	3.38	
Emma Meyer	CMONT	9	3.41	3.41	3.36	3.23
Rebecca Vowles	CMONT	10	3.35	3.35	3.35	
Sarah Pike	LP	11	3.35	3.35	3.23	
Summer McLellan	Stelly's	12	3.35	3.08	3.35	
			0.00			
			0.00			
			0.00			

Gr.9 GIRLS TRIPLE JUMP

RECORD: Rebecca Dutchak	CMONT	2016	9.89			
NAME (FIRST, LAST)	SCHOOL	RANK	BEST	RESULT 1	RESULT 2	RESULT 3
Rebecca Dutchak	CMONT	1	9.89	9.89		9.83
Alisa Lyesina	OB	2	8.91	8.91	8.57	
Ella Mickelberry	OB	3	8.74	8.25	8.74	
Mina Guan	LP	4	8.26	8.26	8.05	
Sarah Pike	LP	5	8.16	8.16	7.97	7.57
			0.00			
			0.00			

Gr.9 GIRLS POLE VAULT

RECORD: Carly Hadfield	OB	2000	2.60			
NAME (FIRST, LAST)	SCHOOL	RANK	BEST	RESULT 1	RESULT 2	RESULT 3
Felicia Ord	OB	1	2.00	2.00		
Janet Dawson	MD	1	2.00	2.00		
Kiara Jankowski	OB	1	2.00	2.00		
Rebecca Dutchak	CMONT		0.00	NH		

Gr.9 GIRLS HAMMER

RECORD: Gwyneth Fredriksen	MD	2016	41.16			
NAME (FIRST, LAST)	SCHOOL	RANK	BEST	RESULT 1	RESULT 2	RESULT 3

Gwyneth Frederiksen	MD	1	41.16	40.49	41.16	
Abby Willett	REY	2	38.98	38.98		
Alyssa Blair	SARHS	3	26.82	23.36	26.82	
Emily Payne	SARHS	4	23.40	19.92	23.40	
Simone Caruso	SARHS	5	20.33	19.57	20.33	
Maggie Gramlich	SARHS	6	18.69	18.69		
			0.00			
			0.00			

JR. GIRLS DISCUS

RECORD: Hannah Kaiser	REY	2012	30.68			
NAME (FIRST, LAST)	SCHOOL	RANK	BEST	RESULT 1	RESULT 2	RESULT 3
Aya Endrigo	MD	1	24.72	24.72	21.77	
Judy Cristante	OB	2	24.55	24.55		
Ali Gallant	OB	3	23.31	18.78	23.31	
Sydney Havies	Ottawa		20.63	20.63		
Camille Vine	SARHS	4	19.17	18.38	19.17	
Sydney Sheffer	OB	5	18.11	18.11	17.79	
Jessica Nguyen	SARHS	6	16.58	16.58	14.98	
Mariana	LP	7	16.45	16.45		
Hewott	SARHS	8	15.60	15.60		
Zoe	LP	9	13.19	13.19		
			0.00			

JR. GIRLS SHOT PUT

RECORD: Mila Miguel	CLAR	2001	11.50			
NAME (FIRST, LAST)	SCHOOL	RANK	BEST	RESULT 1	RESULT 2	RESULT 3
Paulina Pastor	PARK	1	10.30	9.66	10.30	9.04
Aya Endrigo	MD	2	10.03	9.53	9.63	10.03
Sophie Weil	PARK	3	9.88	9.71	9.60	9.88
Ali Gallant	OB	4	9.60	9.08	9.40	9.60
Kiana Swift	MD	5	9.26	8.99	8.38	9.26
Jessica Nguyen	SARHS	6	8.21	8.10	8.21	8.19
Camille	SARHS	7	7.79	7.79	7.20	5.71
Charlotte Zimmerman	PARK	8	7.61	6.73	7.29	7.61
Hewott	SARHS	9	7.38	7.38	6.96	6.93
Judy Cristante	OB	10	7.05	6.04	7.05	6.72
Andrea Vaeas	Stelly's		0.00			
			0.00			

JR. GIRLS JAVELIN

RECORD: Dana Allen	CLAR	2001	36.70			
NAME (FIRST, LAST)	SCHOOL	RANK	BEST	RESULT 1	RESULT 2	RESULT 3
Judy Cristante	OB	1.00	26.10	26.10		
Sophie Weil	Parkland	2.00	25.93	25.93	25.42	
Paulina Pastor	Parkland	3.00	25.73	25.73	25.45	
Evelyn Jordan	OB	4.00	22.43	21.26	22.43	
Ali Gallant	OB	5.00	19.83	19.83		
Zoe Kinakin	LP	6.00	19.28	19.28	18.82	
Jessica Nguyen	SARHS	7.00	18.23	18.23		
Charlotte Zimmerman	Parkland	8.00	17.80	17.80	15.12	
Sydney Sheffer	OB	9.00	17.51	17.51	16.95	
Mariana Rosendo	LP	10.00	17.33	15.98	17.33	
Hewott	SARHS	11.00	16.02	16.02		
Carmen Ho	Spec	12.00	14.42	14.42		
			0.00			

JR. GIRLS HIGH JUMP

RECORD: Lyz Gilgunn	OB	2000	1.55			
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RECORD: Emily Saville	SARHS	2014	1.55			
NAME (FIRST, LAST)	SCHOOL	RANK	BEST	RESULT 1	RESULT 2	RESULT 3
Emily Blair	SARHS	1	1.45	1.45		
Quinn Matthews	CMONT	2	1.30	1.30	?	
Rachel Bowers	Stelly's	3	1.10	NH	1.10	
Talia George	SPEC		0.00	?		
			0.00			
			0.00			
			0.00			

JR. GIRLS LONG JUMP

RECORD: Amanda Glegg	ESQ	2015	4.84			
NAME (FIRST, LAST)	SCHOOL	RANK	BEST	RESULT 1	RESULT 2	RESULT 3
Lexi Peden	OB	1	4.55	4.12	4.55	
Kemie Pitag	SPEC	2	4.27	4.27	3.59	
Dilshana Niswar	SARHS	3	4.22	3.62	4.22	
Alicia Chan	OB	4	4.09	3.37	4.09	
Erin Mutch	OB	5	3.98	3.98	3.89	
Jessica Nguyen	SARHS	6	3.94	3.56	3.94	
Hunter Gibbons	Ottawa	7	3.93	3.38	3.79	3.93
Mona Yomada	OB	8	3.80	3.80	3.68	
Talia George	Spec	9	2.92	2.92	2.87	
			0.00			
			0.00			

JR. GIRLS TRIPLE JUMP

RECORD: Amanda Glegg	ESQ	2015	9.95			
NAME (FIRST, LAST)	SCHOOL	RANK	BEST	RESULT 1	RESULT 2	RESULT 3
Alicia Chan	OB	1	9.33	9.33		8.81
Evelyn Jordan	OB	2	9.07	8.97	9.07	
Erin Mutch	OB	3	8.89	8.85	8.89	
Dilshana Niswar	SARHS	4	8.19	8.19	7.94	8.13
Judy Christine	OB	5	7.64	7.64		

JR. GIRLS POLE VAULT

RECORD: Jessica Moreland	LP	2000	3.20			
NAME (FIRST, LAST)	SCHOOL	RANK	BEST	RESULT 1	RESULT 2	RESULT 3
Rachel Grohovac	OB	1	2.45	2.45		
			0.00			
			0.00			

JR. GIRLS HAMMER (3kg)

RECORD: Lindsey Frederiksen	MD	2015	60.98			
NAME (FIRST, LAST)	SCHOOL	RANK	BEST	RESULT 1	RESULT 2	RESULT 3
Ali Gallant	OB	1	39.54	39.54		
Camille Vine	SARHS	2	28.40	28.4		
			0.00			
			0.00			
			0.00			
			0.00			

SR. GIRLS DISCUS

RECORD: Mairina Frederiksen	MD	2015	32.96			
NAME (FIRST, LAST)	SCHOOL	RANK	BEST	RESULT 1	RESULT 2	RESULT 3
Kelsey Carrothers	REY	1	30.92	30.92		
Lindsey Frederiksen	MD	2	25.92	25.92		
Sophie de Goede	OB	3	25.12	25.12		
Mikaela	CMONT	4	22.31	22.31		
Michaela Pennell	PARK	5	19.81	19.81		

Olivia Trotter	REY	6	16.89	16.89		
			0.00			
			0.00			
			0.00			

SR. GIRLS SHOT PUT

RECORD: Roslyn Lundeen	CLAR	2001	12.20			
NAME (FIRST, LAST)	SCHOOL	RANK	BEST	RESULT 1	RESULT 2	RESULT 3
Lindsey Frederiksen	MD	1	7.49	7.45	7.49	
Rae-Lynn Parkins	OB	2	6.60	6.60		
Marran Dodds	LAM	3	5.52	5.52		
			0.00			
			0.00			
			0.00			

SR. GIRLS JAVELIN

RECORD: Roslyn Lundeen	CLAR	2000	44.10			
NAME (FIRST, LAST)	SCHOOL	RANK	BEST	RESULT 1	RESULT 2	RESULT 3
Emily Saville	SARHS	1	24.49	24.49		
Mikayla Martens	Spec	2	24.44	24.44	24.01	
Michaela Pennell	Parkland	3	21.79	19.77	21.79	
Amanda Glegg	ESQ	4	21.63	21.63		
Olivia Trotter	REY	5	14.28	14.28		
			0.00			
			0.00			

SR. GIRLS HIGH JUMP

RECORD: Rachael Haegart	OB	2001	1.60			
NAME (FIRST, LAST)	SCHOOL	RANK	BEST	RESULT 1	RESULT 2	RESULT 3
Emily Saville	SARHS	1	1.60	1.55	1.60	
Kate Dobashi	SARHS	2	1.55	1.55		
Cassidy	MD	3	1.45	1.45		
Lara Irwin	REY	4	1.40	1.40	1.35	
Makayla Hodge	CMONT	5	1.35	1.35	1.30	
Jayne Leggatt	SMU	6	1.35	1.35		
Micheala Pennell	PARK	7	1.15	1.15		
			0.00			

SR. GIRLS LONG JUMP

RECORD: Shannon Marshall	STELLY'S	2000	5.20			
NAME (FIRST, LAST)	SCHOOL	RANK	BEST	RESULT 1	RESULT 2	RESULT 3
Emily Saville	SARHS	1	4.82	4.82	4.56	
Amanda Glegg	ESQ	2	4.75	4.68	4.75	
Lara Irwin	REY	3	4.62	3.96	4.62	4.56
Ally Ames	OB	4	4.57	4.57	4.41	
Victoria Palahicky	SARHS	5	4.53	3.98	4.07	4.53
Tendai Dodo	OB	6	4.33	4.33	4.04	
Julia Falzon	SARHS	7	4.31	4.31	4.12	
Alexa Bryant	ST.M	8	4.19	4.19	3.79	
Jenna Frank	SARHS	9	4.17	4.17	4.10	3.93
Emma Rees	SARHS	10	4.17	4.14	4.17	
Megan Wilson	REY	11	4.12	4.12	4.10	
Makayla Hodge	CMONT	12	3.89	3.71	3.89	
Jayne Leggatt	SMU	13	3.83	3.83	3.72	
Lucy Zeng	SMU	14	3.75	3.50	3.75	
Madeleine Takoch	OB	15	3.66	3.30	3.12	3.66
Caitlyn Wilcox	RB	16	3.65	3.59	3.51	3.65
Lydia B	LP	17	3.57	3.52	3.57	3.53
Jade Elsmore	OB	18	3.54	3.54		

Kyra Clements	OB	19	3.36	3.23	3.32	3.36
Rae-Lynn Parkins	OB	20	3.33	3.30	3.03	3.33
Erin Forbes	SMU	21	3.20	3.09	3.20	
Heather McMillan	OB	22	2.92	2.76	2.83	2.92
Keighla Cavolino	Ottawa		4.22	4.22	4.08	
SR. GIRLS TRIPLE JUMP						
RECORD: Danika Postle	OB	2014	11.03			
NAME (FIRST, LAST)	SCHOOL	RANK	BEST	RESULT 1	RESULT 2	RESULT 3
Amanda Glegg	ESQ	1	10.82	10.82	10.44	
Lara Irwin	REY	2	9.89	9.89		
Emma Rees	SARHS	3	9.05	9.05		
Jayne Leggatt	SMU	4	8.64	8.64		
Sophie Peters	OB	5	8.39	8.39		
Lydia B	LP	6	8.07	8.07		
Trinity Hettyls	LP	6	8.07	8.07		
Hannah Charlesworth	OB	7	7.95	7.95		
Erin Forbes	SMU	8	7.52	7.52		
Emilia S	LP	9	7.38	7.38		
			0.00			
			0.00			
			0.00			
SR. GIRLS POLE VAULT						
RECORD: Kala Hadfield	OB	2001	3.35			
RECORD: Jessica Moreland	LP	2001	3.35			
NAME (FIRST, LAST)	SCHOOL	RANK	BEST	RESULT 1	RESULT 2	RESULT 3
Lara Irwin	REY	1	2.22	2.22		
Silvia Alby	MD	2	1.80	1.80		
Anika Weir	REY	3	1.77	1.77		
Olivia Trotter	REY	4	1.47	1.47		
			0.00			
			0.00			
SR. GIRLS HAMMER						
RECORD: Lindsey Frederiksen	MD	2016	50.56			
NAME (FIRST, LAST)	SCHOOL	RANK	BEST	RESULT 1	RESULT 2	RESULT 3
Lindsey Frederiksen	MD	1	50.56	48.37	50.56	
Albany Gallant	OB	2	43.12	43.12		
Lydia Biegun	LP	3	20.84	15.94	20.84	
Michaela Pennell	PARK	4	14.82	14.82		
Catt Roberts	LP	5	13.45	11.25	13.45	
			0.00			
			0.00			
			0.00			

