

# 2016 GIRLS T & F LEAGUE FIELD RESULTS

Questions or comments email: Alicia Koch aliciak732@gmail.com

Last updated: May 2nd 2016

## Gr.9 GIRLS DISCUS

RECORD: Gwyneth Frederiksen	MD	2016	30.94			
NAME (FIRST, LAST)	SCHOOL	RANK	BEST	RESULT 1	RESULT 2	RESULT 3
Gwyneth Frederiksen	MD	1	30.94	29.65	30.94	
Alyssa Blair	SARHS	2	21.85	16.92	21.85	
Emily Payne	SARHS	3	20.90	20.90	19.80	
Marika Shafonsky	SMU	4	19.84	19.84	19.31	
Evie Arber	?	5	18.06	18.06		
Lara Hollingsworth	OB	6	17.96	16.38	17.96	
Maggie Gramlich	SARHS	7	17.83	17.44	17.83	
Thea Wittereen	OB	8	17.50	14.55	17.50	
Grace Denham	OB	9	16.64	16.64		
Emma Lektemen	PCS	10	16.60	16.57	16.60	
Felicia Ord	OB	11	16.28	16.28		
Olivia Fenton	OB	12	15.21	15.21		
Alia Emtage	OB	13	14.09	14.09		
Chloe Morris	OB	14	13.79	13.79	13.67	
Samantha	OB	15	12.63	12.63	12.15	
Ella Calder	OB	16	11.63	10.93	11.63	
Preet Dhillon	SMU	17	11.57	9.78	11.57	

## Gr.9 GIRLS SHOT PUT

RECORD: Gwyneth Frederiksen	MD	2016	12.01			
NAME (FIRST, LAST)	SCHOOL	RANK	BEST	RESULT 1	RESULT 2	RESULT 3
Gwyneth Frederiksen	MD	1	12.01	10.87	10.98	12.01
Grace Denham	OB	2	8.72	8.27	8.72	
Taylor Chennard	LP	3	8.70	8.18	8.70	7.58
Alyssa Blair	SARHS	4	8.58	8.03	8.58	8.43
Emily Payne	SARHS	5	7.83	6.83	7.83	6.90
Marika Shafonsky	SMU	6	7.75	6.65	7.75	7.66
Emma Lekteman	PCS	7	7.49	6.31	6.43	7.49
Simone Caruso	SARHS	8	7.25	7.15	7.02	7.25
Maggie Gramlich	SARHS	9	6.96	6.85	6.96	6.91
Katie Elsner	OB	10	6.43	6.21	6.43	
Angel Talon	OB	11	6.34	6.34	5.52	6.02
Preet Dhillon	SMU	12	6.14	6.14	6.03	5.28
Chloe Morris	OB	13	5.52	5.49	5.52	4.40
Emma Longeway	OB	14	4.95	4.95		
Elena Doricic-Luton	OB	15	4.94	4.73	4.54	4.94
Samantha B	OB	16	4.57	4.57	4.57	

## Gr.9 GIRLS JAVELIN

RECORD: Gwyneth Frederiksen	MD	2016	31.95			
NAME (FIRST, LAST)	SCHOOL	RANK	BEST	RESULT 1	RESULT 2	RESULT 3
Gwyneth Frederiksen	MD	1	31.95		31.86	31.95
Abby Willet	REY	2	29.50	29.50		
Ella Chin	SMU	3	28.86	24.02	28.86	
Ariel Schellenberger	OB	4	24.40	24.40		
Marika Shafonsky	SMU	5	21.39	18.34	21.39	
Destiny Hansen	SPEC	6	20.69	13.12	20.69	
Felicia Ord	OB	7	19.92	15.94	19.92	
Samantha Bucking	OB	8	19.83	13.73	19.83	
Emily Payne	SARHS	9	19.59	15.83	16.44	19.59
Casey Tadla	OB	10	13.90	13.90		
Katie Elsner	OB	11	13.73	13.73		

Ella Calder	OB	12	13.60	13.51	13.60	
Maggie Gramlich	SARHS	13	13.34	12.28	13.34	
Thea Wittereen	OB	14	13.05	13.05	12.22	11.85
Chloe Morris	OB	15	11.97	9.97	10.29	11.97
Lara Hollingsworth	OB	16	11.82	11.82		

### Gr.9 GIRLS HIGH JUMP

<b>RECORD: Sam Buchanan</b>	<b>OB</b>	<b>2004</b>	<b>1.50</b>			
<b>NAME (FIRST, LAST)</b>	<b>SCHOOL</b>	<b>RANK</b>	<b>BEST</b>	<b>RESULT 1</b>	<b>RESULT 2</b>	<b>RESULT 3</b>
Nina Kovacic	EMCS	1	1.30	1.30		
Jane Illman	OB	2	1.25	1.25		
Gwyneth Frederiksen	MD	3	1.20	1.20		
Laura Rincon	SARHS	4	1.15	1.15		
Emily Payne	SARHS	5	1.10	1.10		
Genie Burke	SARHS		0.00	NH		
Aila Emtage	OB		0.00	NH		
			0.00			
			0.00			
			0.00			
			0.00			

### Gr.9 GIRLS LONG JUMP

<b>RECORD: Natasha Salo</b>	<b>OB</b>	<b>2003</b>	<b>4.70</b>			
<b>NAME (FIRST, LAST)</b>	<b>SCHOOL</b>	<b>RANK</b>	<b>BEST</b>	<b>RESULT 1</b>	<b>RESULT 2</b>	<b>RESULT 3</b>
Rebecca Dutchak	CMONT	1	4.47	4.43	4.47	
Kirsten Suesser	SARHS	2	3.86	3.86	3.72	3.43
Nifha Niswar	SARHS	3	3.77	3.77		
Ella Mickelberry	OB	4	3.60	3.60	3.25	3.58
Maelle Reed	ST.M	5	3.52	3.52	3.25	3.30
Erica D	LP	6	3.46	3.46	3.32	3.05
Mina Guan	LP	7	3.43	3.43	3.37	3.37
Nina Kovacic	EMCS	8	3.41	3.41	3.38	
Emma Meyer	CMONT	9	3.41	3.41	3.36	3.23
Rebecca Vowles	CMONT	10	3.35	3.35	3.35	
Sarah Pike	LP	11	3.35	3.35	3.23	
Summer McLellan	STELLY'S	12	3.35	3.08	3.35	
			0.00			
			0.00			
			0.00			

### Gr.9 GIRLS TRIPLE JUMP

<b>RECORD: Rebecca Dutchak</b>	<b>CMONT</b>	<b>2016</b>	<b>9.89</b>			
<b>NAME (FIRST, LAST)</b>	<b>SCHOOL</b>	<b>RANK</b>	<b>BEST</b>	<b>RESULT 1</b>	<b>RESULT 2</b>	<b>RESULT 3</b>
Rebecca Dutchak	CMONT	1	9.89	9.89	9.83	9.23
Alisa Lyesina	OB	2	8.91	8.91	8.57	8.81
Lara Hollingsworth	OB	3	8.75	8.61	8.65	8.75
Ella Mickelberry	OB	4	8.74	8.25	8.74	NM
Kiara Jankowski	OB	5	8.64	8.23	8.64	
Mina Guan	LP	6	8.26	8.26	8.05	
Sarah Pike	LP	7	8.16	8.16	7.59	
Angel Talon	OB	8	7.35	7.35	7.31	
Emma Longeway	OB	9	7.11	7.11	6.39	
Thea Wittereen	OB	10	6.94	6.82	6.94	
			0.00			
			0.00			

### Gr.9 GIRLS POLE VAULT

<b>RECORD: Carly Hadfield</b>	<b>OB</b>	<b>2000</b>	<b>2.60</b>			
<b>NAME (FIRST, LAST)</b>	<b>SCHOOL</b>	<b>RANK</b>	<b>BEST</b>	<b>RESULT 1</b>	<b>RESULT 2</b>	<b>RESULT 3</b>
Felicia Ord	OB	1	2.00	2.00		
Janet Dawson	MD	1	2.00	2.00		
Kiara Jankowski	OB	1	2.00	2.00		

Janet Dawson	MD	2	1.95	1.95		
Annika Weir	OB	3	1.75		1.75	
Rebecca Dutchak	CMONT		0.00	NH		
<b>Gr.9 GIRLS HAMMER</b>						
<b>RECORD: Gwyneth Frederiksen</b>	<b>MD</b>	<b>2016</b>	<b>41.16</b>			
<b>NAME (FIRST, LAST)</b>	<b>SCHOOL</b>	<b>RANK</b>	<b>BEST</b>	<b>RESULT 1</b>	<b>RESULT 2</b>	<b>RESULT 3</b>
Gwyneth Frederiksen	MD	1	41.16	40.49	41.16	
Abby Willett	REY	2	38.98	38.98		
Alyssa Blair	SARHS	3	26.82	23.36	26.82	
Emily Payne	SARHS	4	23.40	19.92	23.40	
Simone Caruso	SARHS	5	20.33	19.57	20.33	
Maggie Gramlich	SARHS	6	18.69	18.69		
			0.00			
			0.00			
<b>JR. GIRLS DISCUS</b>						
<b>RECORD: Hannah Kaiser</b>	<b>REY</b>	<b>2012</b>	<b>30.68</b>			
<b>NAME (FIRST, LAST)</b>	<b>SCHOOL</b>	<b>RANK</b>	<b>BEST</b>	<b>RESULT 1</b>	<b>RESULT 2</b>	<b>RESULT 3</b>
Aya Endrigo	MD	1	24.72	24.72	21.77	
Judy Cristante	OB	2	24.55	24.55		
Ali Gallant	OB	3	23.31	18.78	23.31	
			0.00			
Camille Vine	SARHS	4	19.17	18.38	19.17	
Sydney Sheffer	OB	5	18.11	18.11	17.79	
Jessica Nguyen	SARHS	6	16.58	16.58	14.98	
Mariana	LP	7	16.45	16.45		
Hewott Tedla	SARHS	8	15.60	15.60		
Zoe	LP	9	13.19	13.19		
			0.00			
<b>JR. GIRLS SHOT PUT</b>						
<b>RECORD: Mila Miguel</b>	<b>CLAR</b>	<b>2001</b>	<b>11.50</b>			
<b>NAME (FIRST, LAST)</b>	<b>SCHOOL</b>	<b>RANK</b>	<b>BEST</b>	<b>RESULT 1</b>	<b>RESULT 2</b>	<b>RESULT 3</b>
Aya Endrigo	MD	1	10.47	10.30	10.47	9.31
Paulina Pastor	PARK	2	10.30	9.66	10.30	9.04
Sophie Weil	PARK	3	9.88	9.71	9.60	9.88
Camille Vine	SARHS	4	9.73	9.05	9.73	9.53
Ali Gallant	OB	5	9.62	9.62	9.40	9.60
Kiana Swift	MD	6	9.26	8.99	8.38	9.26
Jessica Nguyen	SARHS	7	8.21	8.10	8.21	8.19
Charlotte Zimmerman	PARK	8	7.61	6.73	7.29	7.61
Hewott Tedla	SARHS	9	7.38	7.38	6.96	6.74
Judy Cristante	OB	10	7.05	6.04	7.05	6.72
Andrea Vacas	STELLY'S	11	6.61	6.61	6.36	
			0.00			
<b>JR. GIRLS JAVELIN</b>						
<b>RECORD: Dana Allen</b>	<b>CLAR</b>	<b>2001</b>	<b>36.70</b>			
<b>NAME (FIRST, LAST)</b>	<b>SCHOOL</b>	<b>RANK</b>	<b>BEST</b>	<b>RESULT 1</b>	<b>RESULT 2</b>	<b>RESULT 3</b>
Judy Cristante	OB	1.00	26.10	26.10	25.87	
Sophie Weil	PARK	2.00	25.93	25.93	25.42	25.40
Paulina Pastor	PARK	3.00	25.73	25.73	25.45	
Jessica Nguyen	SARHS	4.00	24.72	18.23	24.72	
Evelyn Jordan	OB	5.00	22.43	21.26	22.43	
Ali Gallant	OB	6.00	19.83	19.83		
Zoe Kinakin	LP	7.00	19.28	19.28	18.82	
Charlotte Zimmerman	PARK	8.00	17.80	17.80	15.12	
Sydney Sheffer	OB	9.00	17.51	17.51	16.95	13.82
Mariana Rosendo	LP	10.00	17.33	15.98	17.33	
Hewott Tedla	SARHS	11.00	16.96	16.02	16.96	
Carmen Ho	SPEC	12.00	16.77	14.42	16.77	

Kemie Pitag	SPEC	13.00	16.16	16.16		
<b>JR. GIRLS HIGH JUMP</b>						
RECORD: Lyz Gilgunn	OB	2000	1.55			
RECORD: Emily Saville	SARHS	2014	1.55			
NAME (FIRST, LAST)	SCHOOL	RANK	BEST	RESULT 1	RESULT 2	RESULT 3
Emily Blair	SARHS	1	1.45	1.45		
Quinn Matthews	CMONT	2	1.30	1.30	?	
Rachel Bowers	STELLY'S	3	1.10	NH	1.10	
Talia George	SPEC		0.00	?		
			0.00			
			0.00			
			0.00			
<b>JR. GIRLS LONG JUMP</b>						
RECORD: Amanda Glegg	ESQ	2015	4.84			
NAME (FIRST, LAST)	SCHOOL	RANK	BEST	RESULT 1	RESULT 2	RESULT 3
Lexi Peden	OB	1	4.55	4.12	4.55	
Kemie Pitag	SPEC	2	4.27	4.27	3.59	
Dilshana Niswar	SARHS	3	4.22	3.62	4.22	
Alicia Chan	OB	4	4.09	3.37	4.09	
Erin Mutch	OB	5	3.98	3.98	3.89	
Jessica Nguyen	SARHS	6	3.94	3.56	3.94	
			0.00			
Mona Yomada	OB	7	3.80	3.80	3.68	
Talia George	SPEC	8	2.92	2.92	2.87	
			0.00			
			0.00			
<b>JR. GIRLS TRIPLE JUMP</b>						
RECORD: Amanda Glegg	ESQ	2015	9.95			
NAME (FIRST, LAST)	SCHOOL	RANK	BEST	RESULT 1	RESULT 2	RESULT 3
Lexi Peden	OB	1	9.65	9.33	9.45	9.65
Erin Mutch	OB	2	9.56	9.48	8.89	9.56
Alicia Chan	OB	3	9.33	9.33		8.81
Evelyn Jordan	OB	4	9.24	8.97	9.13	9.24
Claire Winther	OB	5	8.88	8.80	8.29	8.88
Dilshana Niswar	SARHS	6	8.44	8.19	8.44	7.33
Judy Christante	OB	7	8.37	7.83	8.37	8.09
<b>JR. GIRLS POLE VAULT</b>						
RECORD: Jessica Moreland	LP	2000	3.20			
NAME (FIRST, LAST)	SCHOOL	RANK	BEST	RESULT 1	RESULT 2	RESULT 3
Rachel Grohovac	OB	1	2.45	2.45		
			0.00			
			0.00			
<b>JR. GIRLS HAMMER (3kg)</b>						
RECORD: Lindsey Frederiksen	MD	2015	60.98			
NAME (FIRST, LAST)	SCHOOL	RANK	BEST	RESULT 1	RESULT 2	RESULT 3
Ali Gallant	OB	1	39.54	39.54		
Camille Vine	SARHS	2	28.40	28.4		
			0.00			
			0.00			
			0.00			
			0.00			
<b>SR. GIRLS DISCUS</b>						
RECORD: Mairina Frederiksen	MD	2015	32.96			
NAME (FIRST, LAST)	SCHOOL	RANK	BEST	RESULT 1	RESULT 2	RESULT 3
Kelsey Carrothers	REY	1	30.92	30.92		
Lindsey Frederiksen	MD	2	25.92	25.92		
Sophie de Goede	OB	3	25.12	25.12		

Mikaela	CMONT	4	22.31	22.31		
Michaela Pennell	PARK	5	19.81	19.81		
Olivia Trotter	REY	6	16.89	16.89		
			0.00			

### SR. GIRLS SHOT PUT

<b>RECORD: Roslyn Lundeen</b>	<b>CLAR</b>	<b>2001</b>	<b>12.20</b>			
<b>NAME (FIRST, LAST)</b>	<b>SCHOOL</b>	<b>RANK</b>	<b>BEST</b>	<b>RESULT 1</b>	<b>RESULT 2</b>	<b>RESULT 3</b>
Kelsey Carrothers	REY	1	10.08	9.73	10.08	9.23
Sophie de Goede	OB	2	9.29	9.16	8.93	9.29
Imogen	OB	3	8.79	8.60	8.66	8.79
Lindsey Frederiksen	MD	4	7.49	7.45	7.49	
Olivia Trotter	REY	5	7.06	6.90	7.06	6.78
Makayla Hodge	CMONT	6	7.05	7.05	6.71	
Rae-Lynn Parkins	OB	7	6.60	6.60		
Brook Boice	PCS	8	6.24	6.24	5.84	
Reka Sileli	MD	9	5.63	4.95	4.54	5.63
Marran Dodds	LP	10	5.52	5.52		
Anika Way	REY	11	0.00	NM		
			0.00			

### SR. GIRLS JAVELIN

<b>RECORD: Roslyn Lundeen</b>	<b>CLAR</b>	<b>2000</b>	<b>44.10</b>			
<b>NAME (FIRST, LAST)</b>	<b>SCHOOL</b>	<b>RANK</b>	<b>BEST</b>	<b>RESULT 1</b>	<b>RESULT 2</b>	<b>RESULT 3</b>
Kelsey Carrothers	REY	1	31.92	31.92		
Amanda Glegg	ESQ	2	27.25	21.63	27.25	
Michaela Pennell	PARK	3	24.88	19.77	21.79	24.88
Emily Saville	SARHS	4	24.49	24.49		
Mikayla Martens	SPEC	5	24.44	24.44	24.01	
Anika Way	REY	6	24.07	24.07		
Olivia Trotter	REY	7	18.77	14.28	18.77	
Rae-Lynn Parkins	OB	8	17.50	17.50		
Nicole Roberts	ESQ	9	9.53	9.53		
			0.00			
			0.00			
			0.00			

### SR. GIRLS HIGH JUMP

<b>RECORD: Rachael Haegart</b>	<b>OB</b>	<b>2001</b>	<b>1.60</b>			
<b>NAME (FIRST, LAST)</b>	<b>SCHOOL</b>	<b>RANK</b>	<b>BEST</b>	<b>RESULT 1</b>	<b>RESULT 2</b>	<b>RESULT 3</b>
Emily Saville	SARHS	1	1.60	1.55	1.60	
Kate Dobashi	SARHS	2	1.55	1.55		
Cassidy	MD	3	1.45	1.45		
Lara Irwin	REY	4	1.40	1.40	1.35	
Makayla Hodge	CMONT	5	1.35	1.35	1.30	
Jayne Leggatt	SMU	6	1.35	1.35		
Micheala Pennell	PARK	7	1.15	1.15		
			0.00			

### SR. GIRLS LONG JUMP

<b>RECORD: Shannon Marshall</b>	<b>STELLY'S</b>	<b>2000</b>	<b>5.20</b>			
<b>NAME (FIRST, LAST)</b>	<b>SCHOOL</b>	<b>RANK</b>	<b>BEST</b>	<b>RESULT 1</b>	<b>RESULT 2</b>	<b>RESULT 3</b>
Emily Saville	SARHS	1	4.82	4.82	4.56	
Amanda Glegg	ESQ	2	4.75	4.68	4.75	
Lara Irwin	REY	3	4.62	3.96	4.62	4.56
Ally Ames	OB	4	4.57	4.57	4.41	
Victoria Palahicky	SARHS	5	4.53	3.98	4.07	4.53
Tendai Dodo	OB	6	4.33	4.33	4.04	
Julia Falzon	SARHS	7	4.31	4.31	4.12	
Alexa Bryant	ST.M	8	4.19	4.19	3.79	

Jenna Frank	SARHS	9	4.17	4.17	4.10	3.93
Emma Rees	SARHS	10	4.17	4.14	4.17	
Megan Wilson	REY	11	4.12	4.12	4.10	
Makayla Hodge	CMONT	12	3.89	3.71	3.89	
Jayne Leggatt	SMU	13	3.83	3.83	3.72	
Lucy Zeng	SMU	14	3.75	3.50	3.75	
Madeleine Takoch	OB	15	3.66	3.30	3.12	3.66
Caitlyn Wilcox	RB	16	3.65	3.59	3.51	3.65
Lydia B	LP	17	3.57	3.52	3.57	3.53
Jade Elsmore	OB	18	3.54	3.54		
Kyra Clements	OB	19	3.36	3.23	3.32	3.36
Rae-Lynn Parkins	OB	20	3.33	3.30	3.03	3.33
Erin Forbes	SMU	21	3.20	3.09	3.20	
Heather McMillan	OB	22	2.92	2.76	2.83	2.92
Keighla Cavolino	Ottawa		4.22	4.22	4.08	

### SR. GIRLS TRIPLE JUMP

<b>RECORD: Danika Postle</b>	<b>OB</b>	<b>2014</b>	<b>11.03</b>			
<b>NAME (FIRST, LAST)</b>	<b>SCHOOL</b>	<b>RANK</b>	<b>BEST</b>	<b>RESULT 1</b>	<b>RESULT 2</b>	<b>RESULT 3</b>
Amanda Glegg	ESQ	1	10.82	10.82	10.44	
Lara Irwin	REY	2	9.89	9.89		
Emma Rees	SARHS	3	9.15	9.05	9.08	9.15
Jayne Leggatt	SMU	4	8.64	8.64	8.45	
Alyson Gill	RB	5	8.52	8.52	8.47	
Sophie Peters	OB	6	8.39	8.39		
Lydia B	LP	7	8.07	8.07		
Trinity Hettlys	LP	8	8.07	8.07		
Hannah Charlesworth	OB	9	7.95	7.95	7.89	
Erin Forbes	SMU	10	7.80	7.52	7.56	7.80
Emilia S	LP	11	7.38	7.38		
			0.00			
			0.00			

### SR. GIRLS POLE VAULT

<b>RECORD: Kala Hadfield</b>	<b>OB</b>	<b>2001</b>	<b>3.35</b>			
<b>RECORD: Jessica Moreland</b>	<b>LP</b>	<b>2001</b>	<b>3.35</b>			
<b>NAME (FIRST, LAST)</b>	<b>SCHOOL</b>	<b>RANK</b>	<b>BEST</b>	<b>RESULT 1</b>	<b>RESULT 2</b>	<b>RESULT 3</b>
Silvia Albu	MD		1.80	1.80	1.75	
Reka Sikli	MD		2.00	NH	2.00	
Olivia Trotter	REY		1.47	1.47	NH	
Lara Irwin	REY		2.22	2.22		
Anika Way	REY		1.95	1.95		
Amanda Glegg	ESQ		2.15	2.15		
			0.00			
			0.00			
			0.00			
			0.00			

### SR. GIRLS HAMMER

<b>RECORD: Lindsey Frederiksen</b>	<b>MD</b>	<b>2016</b>	<b>50.56</b>			
<b>NAME (FIRST, LAST)</b>	<b>SCHOOL</b>	<b>RANK</b>	<b>BEST</b>	<b>RESULT 1</b>	<b>RESULT 2</b>	<b>RESULT 3</b>
Lindsey Frederiksen	MD	1	50.56	48.37	50.56	
Albany Gallant	OB	2	43.12	43.12		
Lydia Biegun	LP	3	20.84	15.94	20.84	
Michaela Pennell	PARK	4	14.82	14.82		
Catt Roberts	LP	5	13.45	11.25	13.45	
			0.00			

			0.00			
			0.00			





























