

15. Lower Island Track & Field Schedule WEDNESDAY MAY 6 ,2015

Track Events 2015 : Wednesday May 6							
TIME	EVENT NAME	Division	coach use (names)	TIME	EVENT	DIVISIO	coach use (names)
8:30	Racewalk	All divs.		11:48	800M	9.G.	
8:45	110mHurdles	S.B.		11:54	800M	9.B.	
8:50	100 m Hurdles	J.B.		12:00	800M	J.G.	
8:55	100 m Hurdles	S.G.		12:06	800 M	J.B.	
9:00	100 m Hurdles	9.B.		12:12	800M	S.G.	
9:07	80 mHurdles	J.G		12:18	800 M	S.B.	
9:12	80 mHurdles	9.G.		12:28	200M	9.G.	
9:20	400 M	9.G.		12:33	200M	9.B.	
9:25	400 M	9.B.		12:38	200M	J.G.	
9:30	400 M	J.G.		12:43	200 M	J.B.	
9:35	400 M	J.B.		12:48	200M	S.G.	
9:40	400 M	S.G		12:53	200M	S.B.	
9:45	400M	S.B.					
9:55	1500 M	9.G.		1:05	Steeplechase	Gr9B&G	
10:03	1500 M	9.B.		1:15	Steeplechase	JB & JG	
10:11	1500 M	J.G.		1:25	Steeplechase	SG	
10:19	1500 M	J.B.		1:35	Steeplechase	SB	
10:27	1500M	S.G.					
10:35	1500M	S.B.		1:45	4 x 100	9.G.	
10:45	100 M	9.G.		1:52	4 x 100	9.B.	
10:49	100 M	9.B.		1:59	4 x 100	J.G.	
10:53	100 M	J.G.		2:06	4 x 100	J. B.	
10:57	100 M	J.B.		2:13	4 x 100	S.G.	
11:01	100 M	S.G.		2:20	4 x 100	S.B.	
11:05	100 M	S.B.					
				2:25	4 x 400	9.G.	
11:12	400mhurdle	SB		2:35	4 x 400	9.B.	
11:18	300mHurdle	JB		2:45	4 x 400	J.G.	
11:24	400m hurdle	SG		2:55	4 x 400	J. B.	
11:30	300m hurdle	JG		3:05	4 x 400	S.G.	
11:36	300m hurdle	9 B		3:15	4 x 400	S.B.	
11:42	300m hurdle	BG					
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Field Events 2015: Wednesday May 6

TIME	EVENT	CATEGORY	coach use (names)	TIME	EVENT	CATEGORY	coach use (names)
8:30	Long jump	JG		11:30	Long jump	S.B.	
8:30	Triple	JB.		11:30	Triple jump	S G.	
8:30	Shot Put	S.G		11:30	Shot put	JB	
8:30	Discus	S.B		11:30	Discus	JG	
8:30	Javelin	B.B.		11:30	Javelin	9G	
				11:30	high jump (1)	JB	
9:00	Pole Vault	all girls		11:30	high jump (2)	JG	
9:30	Long jump	S. G.					
9:30	Triple	S.B.		12:30	Long Jump	9G	
9:30	Shot put	B.G		12:30	Shot Put	9B	
9:30	Discus	J B		12:30	Discus	BG	
9:30	Javelin	J G		12:30	Javelin	S B	
9:30	High Jump	9G		12:30	Triple Jump	B B	
9:30	High Jump	9B					
				1:30 pm	discus	SG	
10:00	Pole Vault	all boys		1:30 pm	Javelin	JB	
10:30	Discus	9B		1:30 pm	Triple jump	9G	
10:30	Long	J B		1:30 pm	High Jump(1)	SB	
10:30	Triple	JG		1:30 pm	Shot Put	JG	
10:30	Shot Put	SB		1:30 pm	High jump(2)	SG	
10:30	Javelin	SG		1:30 pm	Long jump	9B	